

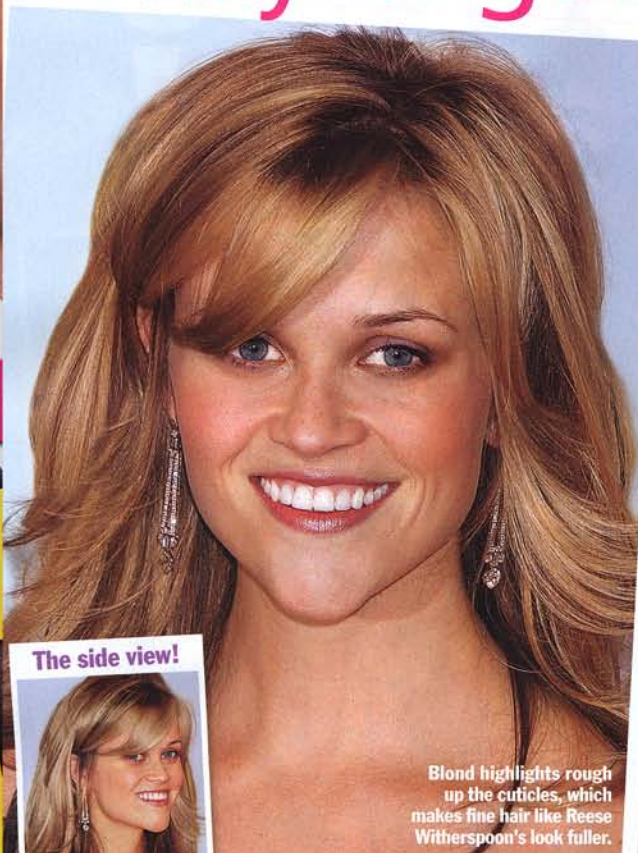
LINDSAY EXCLUSIVE: THE REAL TRUTH!

Life & Style WEEKLY

NEW!
\$1.99

PERFECT HAIR

They've got highlights



The side view!



Blond highlights rough up the cuticles, which makes fine hair like Reese Witherspoon's look fuller.

"When you add warm tones to your hair, the way Sarah Jessica Parker has, you add warm tones to your skin, too," says hair expert Rita Hazan.



The side view!



LIGHT

Why it works

The baby-blond highlights in Reese's golden hair emphasize her blue eyes and fair complexion — and help her skin look fresh and glowy.

How to get it

The colorist overlapped Reese's single-process base color with lighter highlights, mainly on top of her head and surrounding her face.



LUMINOUS COLOR
Can also be used to add lowlights for depth
L'Oréal Couleur Experte in Iced Meringue, \$20, drugstores

LOTS OF OPTIONS ▶

Creates a range of color from subtle to dramatic. It works on previously dyed hair, too **Robert Craig**

Ultra Blond Highlighting Kit, \$10, robertcraig.com



MEDIUM

Why it works

SJP's auburn highlights, unlike her old blond ones, blend into her naturally brown locks, making her hair look super healthy and adding color to her skin.

How to get it

SJP's hair is dyed golden brown and thick highlights are blended in all over. A semipermanent color is then used on the highlights to give them an auburn tint.



SUPER FAST!
The cream conditions as it lightens hair
L'Oréal Féria Colour Strands in Golden Brown, \$10, drugstores

MARCH 30, 2006



oman!

that shine!

Learn the insider secrets to stars' great color — and how to do it at home



The side view!



"By adding tone-on-tone highlights to her dark hair, Rachel Weisz avoids a flat wiglike effect and adds depth to her color," explains Hazan.

FROM LEFT: GREGG DEGUIRE/WIREIMAGE; INSET: JANET GOUGH/CELEBRITY PHOTO; JAMES DEVANEY/WIREIMAGE (2); STEVE GRANITZ/WIREIMAGE; INSET: JON KOPALOFF/FILMMAGIC; RIGHTS RESERVED. STILL LIFE: HBB

At-home highlights

Celeb hairstylist Rita Hazan offers tips for at-home highlighting



PROBLEM When my highlights start to grow out, the roots look horribly dark.

SOLUTION To cover up dark roots without overhighlighting hair, alternate color processes: When doing touch-ups, use a single-process kit one month, then a highlight kit the next month.

PROBLEM After I add highlights, they turn brassy or change shade.

SOLUTION It's probably because the hair didn't absorb enough color. If using a kit for the first time, follow the instructions exactly. If the color doesn't seem light enough, leave it on five minutes longer the next time.

PROBLEM My highlights always end up looking weirdly streaky.

SOLUTION To make sure highlights come out looking natural, *always* follow these three basic rules:

- 1 Don't put in too many — and definitely not more than instructions suggest.
- 2 Make sure they frame the face and aren't spread too far apart.
- 3 Don't leave dye in too long; the highlights will be subtler. (But don't *underdo* it, either — see previous problem!)

DARK

Why it works

The subtle chocolate highlights blended into Rachel's dark-brown hair frame her face and help keep the focus on her exotic features.

How to get it

First, hair is dyed a deep chocolate. Then highlighter foils are wrapped over hair sections to produce lighter brown highlights around the face.



MOISTURIZING Contains a nourishing glaze for extra shine
Revlon High Dimension Haircolor in Sizzling Sherry, \$10, drugstores

GENTLE FORMULA It has little ammonia, so it's less drying
Clairol Herbal Essences Highlights in Rich Copper, \$13, drugstores



GOOF PROOF Highlighting comb makes applying easy
Garnier Nutrisse Multi-Lights in Cinnamon Swirl, \$7, drugstores

